## MARCH 2024 Murfreesboro Activity Calendar

Tue	Wed	Thu	Fri
5 9:30 – Exercise 10:30 – Chair Volleyball	6 9:30 – Exercise 10:30- Chair Volleyball	7 MONTHLY COMMODITIES	8
12 9:30 – Exercise 10:30 – Bingo with KaSandra	13 9:30 – Exercise 10:30 – Bingo with April	14	15
19 9:30 – Exercise 10:30 – Bingo With April	20 9:30 – Exercise 10:30 - Chair Volleyball Pie Trivia	21	22
26 9:30 – Exercise 10:30 – Chair Volleyball	27 9:30 – Exercise 10:30 – Bingo with Robin Dierks Health & Rehab	28	29
	5 9:30 – Exercise 10:30 – Chair Volleyball  12 9:30 – Exercise 10:30 – Bingo with KaSandra  19 9:30 – Exercise 10:30 – Bingo With April	5 9:30 - Exercise 10:30 - Chair Volleyball   13 9:30 - Exercise 10:30 - Bingo with KaSandra   13 9:30 - Exercise 10:30 - Bingo with KaSandra   10:30 - Bingo with April   19 9:30 - Exercise 10:30 - Bingo With April   20 9:30 - Exercise 10:30 - Chair Volleyball   Pie Trivia   10:30 - Chair Volleyball   10:30 - Exercise 10:30 - Exercise   10:30 - Exercise 10:30 - Bingo with   10:30 - B	10:30 - Exercise   10:30 - Chair Volleyball   20   9:30 - Exercise   10:30 - Bingo With April   21   20   9:30 - Exercise   10:30 - Bingo With April   22   9:30 - Exercise   10:30 - Bingo With April   25   26   9:30 - Exercise   10:30 - Chair Volleyball   26   9:30 - Exercise   10:30 - Chair Volleyball   27   9:30 - Exercise   10:30 - Bingo With Robin Dierks Health & 28   28   28   28   28   28   28   28

OPEN Monday/Tuesday and Wednesday 8:00 Am.- 4:00 pm Lunch served @ 11:30 am with Milk, Coffee, tea or water Transportation Available

Center Phone 870-285-2312

Site Manager: Vickie Hutson