

MARCH 2024 Murfreesboro Senior Activity Center Menu

Mon	Tue	Wed	Thu	Fri
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4 BEEF TIPS W/GRAVY MASHED POTATOES PEAS & CARROTS SF DINNER ROLL MARDARIN PINEAPPLE UPSIDE DOWN CAKE	5 LASAGNA TOSSED SALAD GARLIC BREAD DUMP CAKE	6 BAKED HAM BAKED SWEET POTATO CALIFORNIA VEGETABLES DINNER ROLL FROSTED CAKE	7 MONTHLY COMMODITIES	8
11 BEEF STEW CORN BREAD EMERALD PEARS	12 SCRAMBLED EGGS BACON HASHBROWN POTATOES BISCUIT & GRAVY JELLY FRUIT	13 COUNTRY BAKED CHICKEN MASHED POTATOES CALIFORNIA VEG. DINNER ROLL PEACH COBBLER	14	15
18 SPAGHETTI W/MEAT SAUCE BROCCOLI FRENCH BREAD FRUIT COOKIE	19 ROAST TURKEY BLACK EYED PEAS SEASONED CABBAGE & CARROTS CORNBREAD SWEET POTATO PIE	20 GLAZED MEATLOAF MASHED POTATOES SUCCOTASH WHOLE WHEAT ROLL PEACH SHORTCAKE	21	22
25 CHICKEN SPAGHETTI TOSSED SALAD GARLIC BREAD TROPICAL FRUIT	26 BBQ PORK ON BUN ROASTED POTATO WEDGES BROCCOLI APPLE CRISP	27 FRITO PIE RANCH STYLE BEAN FRUIT CUP SHERBET	28	29

*Open Monday/Tuesday / Wednesday 8:00am – 4:00pm
 *Lunch served at 11:30am with skim milk, coffee, tea or water
 *Transportation available

Center phone: 870-285-2312
 Site Manager: Vickie Hutson